

The Messenger

September 2011

 FROM THE
RECTOR



Dear Friends,

During the summer months our normal routines give way to the pleasures of summer fun. The time in the sun, the walks on the beach, the evening strolls invigorate our bodies just as the more leisurely pace expands our minds and enlivens our spirits. One of the things I enjoy most about the summer is that the break in the normal pattern of the days and weeks creates an opening for thoughts and feeling to flow in new directions.

This summer my thoughts have turned to those who have been spiritual guides during my adult years. Some of these guides have been friends and mentors. Others I have come to know through their writings and their life stories. One is a stranger whom I observed from a distance who demonstrated a profound sense of peace and determination in a situation that was fraught with danger.

In rereading several books that had been formative in the deepening of my faith, I have noticed that a common thread is the importance of being intentional in the way we spend our time and to recognize the importance of what spiritual writers call "holy rest." The monastic traditions live by a rule of life that offers structure to the days and the weeks so that things that are of the greatest value do not get crowded out by the pressure to give in to immediate demands.

At the end of September I will be attending a CREDO conference sponsored by the Church Pension Fund of the Episcopal Church to help clergy examine their lives by evaluating one's physical wellness, financial situation, spiritual life and vocational satisfaction. The goal is to guide us toward the development of a way of life that supports personal wellness and the deepening of a relationship with God. I look forward to this as a time of coming to new insights that will enhance our life together as a community of faith.

As summer come to a close and we return to more normal routines, I trust that each of us will bring fresh insights and a renewed commitment to the ministry of our parish. My hope is that we will be guided by a "rule of life" that will deepen our faith in God and draw us closer to one another.

Yours in Christ,

Vicki +



September 9th

Our final barbecue of the season will be held on *Friday afternoon, September 9th* at 4:30pm until gone. Each dinner includes a freshly grilled half-chicken, cole slaw, salt potatoes, roll and butter. Tell your friends, neighbors, and grab one before they are gone!

Silent Auction

Friday, October 21st 2011

The Commons Room at Penfield High School

The bidding will take place from

6:30 pm to 8:00 pm

Children's Events: 6:30pm TO 8:00pm

CONFIRMATION

Confirmation class for those in 7th grade and older will begin in October. A meeting for parents will be held on Sunday, September 25 at 9am in the parish lounge to review curriculum, expectations and schedules. Confirmation classes will begin Monday, October 24th. If you have any questions, please call the Rector at 586-7860.

MARK YOUR CALENDARS:



- Sept 9 Drive-thru Chicken BBQ, 4:30 pm til gone
- Sept 11 **Regular Service schedule resumes 8 & 10 am**
Church School Registration
Blessing of the Backpacks
Crop Walk, 2:30pm
- Sept 25 Parents of Confirmands meeting, 9 am in the Parish Lounge
- Oct 2 Blessing of the Animals, 10 am service
- Oct 16 End of Life Series presents Dr. Timothy Quill, 12 pm
- Oct 21 **Silent Auction, 6:30 pm**
Commons Room, Penfield HS
- Oct 24 Confirmation classes begin, 6 pm

PRAYER FOR 9/11

God the compassionate one, whose loving care extends to all the world, we remember this day your children of many nations and many faiths whose lives were cut short by the fierce flames of anger and hatred. Console those who continue to suffer and grieve, and give them comfort and hope as they look to the future. Out of what we have endured, give us the grace to examine our relationships with those who perceive us as the enemy, and show our leaders the way to use our power to serve the good of all for the healing of the nations. This we ask through Jesus Christ our Lord who, in reconciling love, was lifted up from the earth that he might draw all things to himself. Amen.



--Prepared by The Most Reverend Frank T. Griswold, Presiding Bishop and Primate, The Episcopal Church, USA, for September 11 anniversary observances.

<http://www.beliefnet.com/Faiths/2002/09/Commemorating-September11Christian.aspx?p=2#ixzz1WLdiCt70>

PARISH & COMMUNITY NOTES



- ✓ Congratulations to **Taylor Marshall, J.R. Marshall, and Nick Maness!** These children received multiple rewards last Spring. **Taylor Marshall** received the Cobbles Character Award and a reward for reaching the Bronze level of the accelerated reading program. **Nick Maness** received the Outstanding Physical Education Student award and also reached the Bronze level of the accelerated reading program. **J.R. Marshall** received the Coach John Sens Award for demonstrating strength of character, perseverance over adversity and courage in daily endeavors. Way to go!
- ✓ Congratulations to **Katie Lembo** for winning the girls 3000 intermediate and placing third in the girls 1500 intermediate at the AAU Jr. Olympics meet in New Orleans!
- ✓ **Remember:** Fall Clean Up Day will be in October! Date: TBA

CROP WALK 2011

SUNDAY SEPTEMBER 11, 2011 Participate in this year's Crop Walk! The walk begins at 2:30pm, starting at the Amphitheater behind Penfield Town Hall. The goal is to walk for one hour, not a specific mileage, and raise money for those in need. Consider joining us earlier, starting at 1:00pm for a brief dedication service and a 1:30pm Commemorative Service, lead by several of Penfield parishes. Contact **Jodi Revill** for a packet at jodirevill@gmail.com or 598-3911 and begin asking people to sponsor you!



END OF LIFE SERIES

As Part 1 of the End of Life Series the Endowment Committee is organizing for this fall, Timothy E. Quinn, M.D. will be presenting "Preparation for Life's End: What could this possibly have to do with me?" on **Sunday, October 16 at 12 pm**. Dr. Quill has published and lectured widely, with special focus on end-of-life-decision making.

WARDEN'S REPORT

I hope that everyone had a good summer. The Church has been a very busy place this summer and a lot of our parish family has been active. The Building and Grounds committee has completed several large projects that have needed to be completed for a long time.

A big **thank you** goes out to **Peter Melnick, Bud Baumer, Carl Brant, Bob Dobbin, Phil Rosini, Jim Kruger, Ken Rosini** and **Rich Booth** for the repair to the Flower Guilds dry well and the repair of the light on the roof that shines on the steeple. This group has saved the Parish a great deal of money by doing these projects in house.

The Endowment Committee has set up an educational end of life program that will start off on Sunday Oct 16 with a presentation from Dr Timothy Quill followed by an Estate Lawyer in November.

The Vestry has also been meeting this summer. As you might remember our Capital Campaign was scheduled to conclude this fall. After reviewing the data and realizing the tough times that we are in, the Vestry has decided to extend the campaign for 2 more years in an effort to give everyone more time to honor their commitment. We would like to give a **thank you** to **Mike Povia** who is our Capital Campaign Committee Chair. We also would like to thank those who have paid their pledge. The funds that we have received have helped us pay on our driveway, repair the roof over the Altar, as well as helping us to lower our debt load.

The Silent Auction team has also been hard at work. The date has been set for this fundraiser so mark you calendars for October 21 at Penfield High School.

As a Parish we are very thankful for all those who so freely give of their time and talents to help make Incarnation a wonderful place to worship. The leadership team is looking forward to seeing all of our friends on September 11 as we begin our fall program and return to our normal Sunday service schedule.

Yours in Christ,
Brian E. Mitchell
Warden



SILENT AUCTION

INCARNATION FUNDRAISER – THE SILENT AUCTION IS BACK!!

Plan on a night of fun with family and friends while helping our Church meet its financial goals **Friday, October 21ST at the Commons Room, Penfield High School!**

Bidding 6:30 TO 8:00
Children's Events 6:30 TO 8:00

You will find up for bid interesting and useful items, fun for you and gifts for loved ones. Thus far, items include: vacation getaways, baskets of delectable and interesting items, boat rides, handcrafted items, artwork, a \$10,000 prize winning salmon ready to hang on your wall, restaurant certificates, items to pamper you, oil changes and much, much more! And don't forget, A RIDE IN A GLIDER PLANE! What an adventure!

WE NEED YOUR RESPONSES TODAY!!!

Please pick up your orange donation form from the box in the church foyer. Fill it out and return it promptly. Take a white merchants form to your favorite vendor and bring back a donation. Please be sure to enter the donation on the orange form as all items must be submitted on the orange donation form.

If you are unable to attend the auction please submit a donation. All donation items that are not perishable should be brought to the church beginning Sunday, October 2nd.

Volunteer sign up for this event is on the poster in the Narthex. Take a look and see what you can do to help us. **THANK YOU FOR YOUR SUPPORT**

RAIHN SPECIAL EVENT

A RAIHN cookbook tasting party will be held on **Sunday, September 18th** in the lovely old house at 1010 East Avenue, next to Asbury Methodist Church. This open house, 1 pm to 4 pm will celebrate RAIHN (Rochester Area Interfaith Hospitality Network) and their newly released cookbook **“Recipes for a RAIHNy Day—Cookin’ Up a Storm for Home and Community.”** No charge for this event—just come and enjoy!

SAVE THE DATE
Sunday, October 2nd, 2011
10:00 a.m.
Blessing of the Animals



The Incarnation Family would like to extend a special note of thanks to Cork and Nancy Dinan for purchasing a new Credence table (this is the table behind the Altar where the chalice is kept). Thank you for your special purchase and all that you do for Incarnation.

BIBLE STUDY

Miriam Owens will be resuming her Bible Study Program beginning *Monday, September 19th 2011* at 12:15 pm in the Parish Lounge. All are invited.

PRAYER SHAWL MINISTRY

The Prayer Shawl knitting/crocheting groups meet on the *first Wednesday of every month*. The morning group meets at 10am, and the evening group at 7pm. If you can knit or crochet...or even if you cannot and would like to learn, all are welcome. Please see Jean Williams at church or call her at 381-7701 if you are interested.



SPRING COLLEGE GRADUATES

This past spring, we had a few college graduates from our parish...it is about time we acknowledge them!

- ✍ **Keri Omphroy**, daughter of **Lyn** and **Gary Omphroy**, received an MS in Medical Radiation Physics from Rosalind Franklin School of Medicine in North Chicago, Illinois. She has started a 3 year residency with Upstate Medical Physics, a firm in Victor, NY.
- ✍ **Thomas Timmel**, son of **Tod Timmel**, received his Masters degree in Education from Nazareth College and will be moving to Wyoming with his wife (Kristin). He will pursue his teaching career there. He previously graduated from Bowling Green University and worked in finance in Alaska for the past ten years.
- ✍ **Kelsey Evans**, son of **Chris** and **Neal Evans**, graduated from Nazareth with a BS in Health Sciences. She will be attending at Nazareth two more years to earn her Doctorate in Physical Therapy.

CONGRATULATIONS TEDDY APPLETON!

Teddy Appleton, son of **Kathy** and **Don Appleton**, graduated from Penfield High School in June 2011. Teddy maintained honor roll status while taking several AP and MCC credit classes. He actually has enough credits for a full college semester! Also, he participated in the Penfield HS Symphony Orchestra and Jazz Ensemble. Teddy is a self taught fly fisherman and helped organize the schools Fly Fishing club. He is also a huge NASCAR fan. For the past 2 years he has worked at Target earning money towards his college expenses. He is attending Plattsburgh State for Business and hopes to be a NY State Trooper one day.

Congratulations to all of our Spring 2011 Graduates!



FROM THE SECRETARY

Janet Seabridge is back in the office! A big thank you to **David McCarthy** for all your help in the Church office this past summer! Church office hours are Monday through Thursday, 9:30 am to 2:30 pm.



ADULT GAME NIGHTS

Adult Game Nights will resume once again on the third Saturday of every month at 7:00 p.m. Bring your own beverages and a snack to share for a fun night out. The next Game Night will be held on *September 17th* at **Phil and Shirley Rosini's** home. Mark your calendars now; dates for the fall are as follows:

October 15th at the Melnicks
November 19th at the Alexis/Hays

We are in need of hosts! If you're interested in hosting a Game Night at your home or at the church, contact Tracey Povio at 872-7431 or tap55@frontiernet.net.

IN THE PEACE OF CHRIST

The Incarnation family expresses sincere condolences to the family of **Leon Morgan**, Great-Uncle of **Heather Palmatier**, who died after a brief illness on August 16th 2011.



To Vicki and the Church of the Incarnation,

Thank you so much for that special graduation recognition Sunday. It really made me feel blessed to be surrounded by such great people. Thank you also for the generous graduation gift, it was very thoughtful.

-Ted Appleton

A NOTE FROM YOUR CHURCH SCHOOL TEAM

Are you interested in working with children? Would you like to have a say in the activities our children participate in? If these things sound interesting then we could use you on our Church School Team! We are in the process of looking for church school teachers and a church school coordinator. Our church school teachers currently utilize an easy-to-use curriculum that emphasizes both Old and New Testament teachings. Each age group has its own team of teachers that collaborate and alternate teaching throughout the year. Our church school coordinator would be responsible for attending monthly meetings, making announcements to the congregation, and sending emails to the parents of our church school students. If you are looking for a leadership position within the church then this position may be right up your alley! If you are interested or have questions, please contact Lisa Valcore 330-9452 or any member of the Church School Team.

INCARNATION PRAYER LIST

Please keep the following people in your prayers this month:

Sharon Amico	Ron Bannister
Charile Bardusch	Cris Barrett
Jim & Sarah Beaman	Jane Brown
Kaylie Brown	Karen Chapman
Elmer Conway	Joseph DeSario
Clifford Donahue	Frank Giancaterin
Amy Harvey	Andy Herrick
Mike Keenan	Sweetie Keenan
Lauren Killian	Mary Lee
Sharon Lemmey	Tom Maiwald
Neyda Martinez	Greg Masceri
Jane Miller	Joseph Miraglia
Larry Mitchell	June Monks
Doug Myrick	Gary Omphroy
Eleanor Osborn	Chris Padden
Bob Palmatier	Russ Pennise
George Petry	Randy Prue
Bob Reinke	Violette Shayler
Shannon Szajnuke	Doris Williams
Ed Williams	Jean Williams
Tonya Williams	Christopher Woywada
Andrew	