

The Messenger

September 2009



Dear Friends,

It was almost a year ago that we experienced the financial meltdown that has caused so much hardship in our country and throughout the world. The changing economic landscape has brought with it the need to reassess our values, expectations and habits. We may be surprised to discover that beneath material opulence there often lies spiritual impoverishment. As we enter into the harvest time of the year, it is useful to reflect upon where we experience abundance that nourishes our souls and truly enriches our lives.

The Church in its wisdom places the feast of St. Francis of Assisi during this time of the year. Most of us associate St. Francis with his love of animals and his celebration of the natural world. Here at Incarnation we will have the Blessing of the Animals on Sunday, October 4, in commemoration of St. Francis Day.

Francis's love of the creatures of the earth reflects his value of simplicity and his realization that too much wealth can be an impediment to growing closer to God. Francis grew up in a family of wealth that made no demands upon him and which kept him shielded from the pain and suffering of the world. Having gone through a serious illness as a young man and after being injured in a small war, Francis came to reassess his life. Much to his father's dismay, he rejected the wealth of his family and embraced a life of poverty, devotion to Christ Jesus and giving to others.

Francis shows us the spiritual riches that can be found in a more simple life. He demonstrates that generosity results in a sense of abundance and gratitude. In his biography of St. Francis, Paul Sabatier writes: *"The greatest crime in our industrial and commercial civilization is that it leaves us with a taste only for that which may be bought with money, and makes us overlook the purest and truest joys that are all the time within our reach."*

Let us remember the words of the prophet Isaiah when he challenged the people of his time: "Why do you spend your money for that which is not bread, and your labor for that which does not satisfy? Listen carefully to me, and eat what is good and delight yourself in rich food. Incline your ear, and come to me: listen so that you may live." (Is. 55:2-3a)

As we move into a new program year, I look forward to sharing with you a renewed commitment to sharing God's abundance in simplicity of life and generosity of spirit.

Yours in Christ,
Vicki

ALL SAINTS' SUNDAY



On November 1st, we will pray for members of our parish who died this past year and for those whose funerals or memorial services were held at Incarnation. The service bulletin will also list names submitted by parishioners of loved ones who are no longer with us.

Please email or phone the church office by *Sunday, October 28th* if you have names you would like to have mentioned in the bulletin that day.



SAVE THE DATE

Sunday, October 4, 2009

10:00 a.m.

Blessing of the Animals




*A blessing of pets
on the
Feast of St. Francis*

October 4



SAVE THE DATE:

- Oct 4 Blessing of the Animals after 10am service
"Bring a friend to church" day
- Oct 18 Stewardship Sunday
One service at 10AM
Potluck Brunch following the service
- Nov 1 All Saints' Sunday
Daylight Saving Time ends 
- Nov 7 Town of Penfield Bicentennial Craft Fair
at Incarnation – 10am-4pm (Great room)
- Nov 6,7 Diocesan Convention



PARISH NOTES

- ✓ Congratulations to *John & Mary Lynn Miraglia* on the marriage of their daughter, *Jennifer*, to Matt Melnyk. The ceremony took place on September 12, 2009 here at Incarnation.
- ✓ The church office is in need of a flat-panel computer monitor. If anyone has one they are not using, please call 586-7860.
- ✓ Fall has arrived and with it comes the return of regular hours for the church office. The office is open *Tuesday-Friday from 9:30 a.m. - 2:30 p.m.* and is closed on Mondays. Keep in mind that if your call goes directly to voicemail, it means someone is talking on the phone. Please leave a message so we can return your call as soon as possible.



Saturday, October

Thanks to *everyone* who volunteered to help make the May, June, and August BBQ's successful!

We will be having our final Drive-thru barbecue on *Saturday, October 3rd* at 11:00 a.m. We are always looking for more volunteers; contact Linda Nicodemus at 377-3885 if you'd like to help out.

FROM THE ORGAN BENCH

Dear members of Incarnation, new and old: Hi! I'm the organist and choir director here. I was asked to go over what we do in the music program at Incarnation, and the opportunities for the musically inclined among us to help out, so here goes:



We have two basic groups: 1) the Senior Choir (NOT because of our age!), which supports congregational hymn-singing, and does an anthem most weeks for the Offertory; and 2) the Bell Choir (we have four octaves of very nice Schulmerich hand bells, plus two octaves of hand chimes), which performs the Offertory about once per month. These groups rehearse Wednesdays, from 7 to 8 for bells, 8:10 to 9:20 for choir. No note-reading ability is required for either one!

We also have musical opportunities for Incarnation's kids: the Glory Choir, for kids ages 5 up to about 13, which meets after church for a few weeks before performing a piece (about four times per year); the Christmas pageant; and the orchestra, which usually performs about once per year. Children or adults who would like to play or sing a solo are very much welcome - just let me know!

All the groups are lots of fun, and a great way to get to know other parishioners while making worship more beautiful! If you're interested, please call me at 242-9840!

- David McCarthy

ADULT GAME NIGHT

Adult Game Nights will resume once again on the third Saturday of every month at 7:00 p.m. Bring your own beverages and a snack to share for a fun night out. The next Game Night will be held on *October 17th*. Mark your calendars now; dates for the rest of the year are as follows:

- November 21
- January 16
- February 20
- March 20
- April 17
- May 15
- June 19



If you're interested in hosting a Game Night at your home or at the church, contact Tracey Povia at 872-7431 or tap55@frontiernet.net.

WHO'S IN THE PEWS?

The Povio's

Michael and Tracey Povio have been members of Incarnation since 2004 officially, but attended for a year before that. They live in Webster. They have three children and a dog: Jacob, 10; Ryan, 8; Lindsey, 5; and Lefty, 20 months. They are the third and fourth generation of the Mitchell family here at Incarnation. Pauline Mitchell is Michael's grandmother. Brian and Teresa Mitchell are Michael's aunt and uncle on his mother's side.

Michael is a Project Manager at Xerox and has been with Xerox for 11 years. He completed his Masters in Product Development at RIT two years ago. He has been on Vestry and is part of the building and grounds team here at Incarnation.

Tracey has been home raising the kids for the last 10 years. In addition, she runs her own Creative Memories business teaching people how to scrapbook. She works part-time at the Bayview YMCA teaching water fitness classes and preschool swim lessons. She just recently started taking classes at Nazareth College with the hopes of completing her Masters in Elementary Education in spring of 2012. She is currently on the Vestry and part of the Church School Team. She teaches in the Rainbow Room; started and organizes the Adult Game Night and the annual Wine Pairing Class fundraiser; and facilitated the spring Bible Study group. Tracey, in addition to scrap booking, loves to play piano. Thanks to Sherry McCarthy her piano teacher.

Michael is an avid bowler and has bowled two 300 games. In the summer, Michael enjoys golfing and swimming in their pool. He is a jack-of-all-trades and has done a beautiful job of fixing up Tracey's grandparents house, where they now live. Michael has done some world traveling the last few years with trips to Italy, South Korea, Japan, Brussels, Ireland, Aruba, and Finland.

MIDDLE SCHOOL DISCUSSION GROUP

The Middle School Discussion group will meet twice a month in the lounge during the church school time slot (10am-10:45am). This group is intended for young people in 7th and 8th grades (ages 12-14) from Penfield and surrounding communities, and provides an opportunity for them to discuss changes and challenges in their lives, as well as a chance to explore how to be of service to others as Christians.

In addition to identifying and working on several community service projects this year, the group will also connect with groups from other local Episcopal parishes and will hold several social outings. We had six young people in last year's group and would love to grow this year. Our first session will take place on *September 20*. Please call Sara Cegelski at 249-9538 if you would like additional information.

*Let the man with two coats
give to him who has none*

ESWA BACK-TO-SCHOOL CAMPAIGN

In September our congregation took on the annual task of buying new outfits for school-age children. We were given the sizes and I.D. numbers by Mark Horn, Coordinator of the Eastern Service Workers Association. Each child received up to six new items. This year we added socks to the pants, shirts, underwear, shoes and sweatshirt or jacket that we have purchased in previous years. Even though the requests were earlier (because Labor Day was early) we have done very well with this campaign. Once all the clothing has been turned in, we will have accumulated *over a hundred and sixty eight items!* Because of the change in the economy the need by low and minimum wage families is especially great this year. Our congregation has responded by being even more generous. Many parishioners not only gave the required items for their child, but gave more than the requested items. Many people also gave gently used clothing which will help more than our 28 children. In addition to the new and used clothes, we were able to fill a large cardboard box with backpacks and school supplies. The vestry also joined in by supplying over 60 pairs of underwear. I have recently talked to several people involved with the Back to School Program. *They could not say enough good things about our church!* Their appreciation should make us realize what a difference we have made in the lives of many families.

- Judy Masten

A Second Thought



Resale Shop

Offering Men's, Women's and Children's Clothing, Toys, Books, and House Wares

Located in the Piano Works Mall
349 W. Commercial Street in E. Rochester

Store Hours
M, W, F: 10am-5pm
T, Th.: 10am-7pm
Sat.: 10am-3pm

(585) 340-5730 www.asecondthought.org

All store proceeds benefit Heritage Christian Services International Ministries.

HABITAT FOR HUMANITY WINE TASTING FUNDRAISER

"Tasting for Humanity"

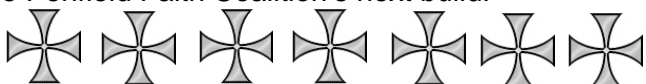
When: October 11, 2009
Time: 5:00-9:00 p.m.
Where: Mario's Italian Restaurant
Monroe Ave, Rochester, NY



Details: Come sample wines from around the Finger Lakes and enjoy appetizers provided by Mario's! If you enjoy the wine you sample you can purchase a bottle and share it with family and friends! Raffles will also be held where you can win some great prizes donated by the wineries, Habitat, and a special piece of artwork to be seen that night!! We will also be kicking off our annual Pie Sale! So come and enjoy an evening of great wine, great food, and a great cause!

Cost: Tickets will be sold for \$25 for a single person and \$40 for a couple. To purchase tickets, or for more information, please call or Stacy Munson at (585) 747-7254 or munson.stacy@gmail.com.

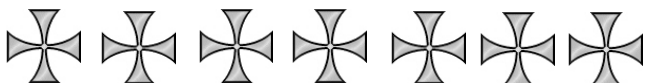
Proceeds from the ticket sales and raffle will benefit the Penfield Faith Coalition's next build!



*We remember those who
have gone before us*

We pray for the repose of the soul of:

- + *Norman Seabridge*, father of Scott Seabridge
- + *William H. Squier*, son of Peg Squier
- + *Hazel Squier*, wife of Cliff Squier
- + *Arthur Hooker*, father-in-law of Alicia Hooker
- + *Ronald Blair*, father-in-law of Greg Litz



INTRODUCTION TO INCARNATION

"Introduction to Incarnation" is a monthly feature designed to provide more information about the various groups that are currently active at Incarnation.

*This month: **Acolytes***

The definition of an Acolyte is one who assists at the Liturgy. Here at Incarnation, anyone who has started the fifth grade and who understands the proper respect and dignity needed while on the altar is encouraged to serve. There is a pizza party and training session held every fall shortly after school has started. Currently we have 9 school age Acolytes and 4 Adult Acolytes.

I have been the Acolyte Director here for over 27 years. In that time we have had over 100 Acolytes who have served with great distinction. Service on the Altar can be an important part of our youth becoming adults in the Church. Many of the items that are used during our worship service have been donated to the Church in memory of a loved one, so it is important that we use these items with dignity. Many people may not know that Roger and Betty Quinn donated the Processional Cross in memory of their son, Christopher; from my own experience whenever I carry the Cross I think of Chris.

I have found that our Acolytes take their service very seriously and since we all make mistakes, it is with great pleasure that whenever I make a mistake one of our Acolytes will usually see it and make sure to show me my error. This only goes to show that they are paying attention to the service even without being on the Altar.

It is an honor and a privilege to work with our Acolytes. Anyone who would like to serve is welcome to join us.

- *Brian E. Mitchell,
Acolyte Director*

Life is not measured
by the breaths we take,
but by the moments
that take our breath away.

