

The Messenger

September 2007



Dear Friends,

I have always believed that children learn independence through feeling secure in the abiding presence of those whom they love. A variation of that principle took hold in me as I took 3 1/2 months away from the parish for my sabbatical. The sabbatical was fruitful and satisfying because I carried with me an affection for our parish. In my absence from you, I could appreciate with clarity the generosity of spirit that surrounded your goodwill at my taking this time for refreshment and renewal.

You may have seen a small red photo album floating about the church. It contains a few of the photos I took while traveling. The first photo is of Paul and me at Stratford, Ontario, where we attended the Shakespeare Festival. Throughout the summer we were able to see four plays in Stratford and several more in Niagara-on-the-Lake. The rest of the album contains pictures of our trip to Italy. I tried to capture through photos the splendor of the foliage, the beauty of the countryside, the magnificence of the architecture and the fun I was having.

The high point of the trip was the Prescott family reunion, hosted by my father at a villa in Tuscany. At one point there were 19 of us caravanning in four cars through the Chianti wine country. I experienced the poignancy of being in the sandwich generation as I delighted in the company of my two uncles who had meant so much to me in my childhood, while at the same time thoroughly enjoying my 4 nephews, now in their twenties, whose growing up years were so formative for me in developing my world view as an adult. Of course the high point of the trip was seeing our son, Alex, who flew in from Berlin to spend time with the family.

As I write this I am in the middle of my first week back in the office. So far there have been few surprises but much delight in the way that people stepped forward to continue the vibrancy of our ministry while I was gone. I want to express my deep appreciation to Janet Seabridge, Peter Melnick, Judy Masten and Gary Omphroy for overseeing things and to the Rev. Miriam Owens for her reassuring presence during this time. I look forward to the weeks and months ahead as we discover together the many ways in which the sabbatical proved to be beneficial to all of us.

Yours in Christ,
Vicki

FROM OUR
SEMINARY
STUDENT



Hello Incarnation!

I am enjoying the summer for the most part. In June I did a volunteer/retreat program at a Benedictine women's monastery in Madison, WI for almost three weeks and that was fabulous. I discovered such a wonderful spirituality in the Benedictine sisters and loved the life of the monastery centered around prayer, work and reflection. So that was a great experience. Now I am back in town and working; my job is not so fulfilling, but it pays the bills. And for the last two weeks I have been the guest speaker at my friend's church for her summer programs. It's a small church and they normally have a small Eucharist service on Wednesday nights, but during the summer my friend has expanded it to "summer celebrations" with a simple pot-luck dinner, a talk/program and then Eucharist. So I spoke on Benedictine spirituality last week and am going to do notable women in the bible this week. That has been great fun, as I've missed doing "church stuff" this summer.

Also, a few weeks go my parents visited me in CT and we went to my new internship parish on the same Sunday that the Presiding Bishop, Katherine Jefferts Schori was visiting our little parish. She was in town for the consecration of one of the CT bishops. It was a real treat to meet her; she is a super woman.

That's about it to summarize my summer. I do have to say, I miss the summers in Rochester, they are the best time of year with so much to do! Hope things are going well with Vicki on sabbatical this summer - I'm sure you all have everything well in hand!

Say hi to all for me!

Love,
Jen

PARISH NOTES



- ✓ Incarnation recently had an opportunity to purchase an AED machine at a significantly discounted price. We were fortunate enough to have three donors step forward to cover the cost of the purchase. The machine is meant to be used in life-saving situations where a person's heart stops beating. It is currently being kept in the Parish Office, but will soon find a permanent home in a more conspicuous location. Thank you to the three donors who made this purchase possible!
- ✓ Thank you to *Chuck & Rachel Jones* for hosting our 50th Anniversary Wine-Tasting Event at their place of business,



- ✓ Thank you to *Antonio & Keri Gray* for donating a new hard drive and super-fast printer to the church office. Thanks also to *Doug Barrett* for his help in coordinating the upgrade to our internet and phone service. Life in the office will never be the same!!
- ✓ Thank you to *Dorothy & Andrew Wojnowski* for their devoted hard work in our gardens each and every week. We are very fortunate to have parishioners who are so dedicated to the appearance of our church grounds.
- ✓ Thank you to *Marlene Myrik, Hazel Squier and Marlene Williams* for agreeing to co-chair our new Coffee Guild. The Coffee Guild became responsible for coffee hours beginning in July. This fall, they will continue to manage set-up and clean-up for 10AM coffee hours. Thanks also to all the volunteers who joined the Guild.
- ✓ Thank you to *Heather Melnick*, who has agreed to head up the new Special Events Committee (formerly Hospitality). Heather and her committee will be responsible for receptions, picnics, breakfasts and other church-related events. If you are interested in learning more about the committee, contact Heather at 377-4607, or hmelnick@rochester.rr.com.
- ✓ Thank you to *Tracey Povio* for her hard work putting together the 50th Anniversary Book. This book provides a trip down memory lane and celebrates the vibrancy of our ministry today. Books may be ordered for \$52 after church on Sundays or from the church office.

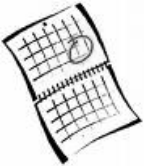
WHAT ABOUT CONFIRMATION?



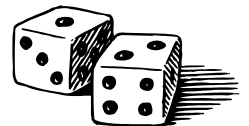
The Bishop administers confirmation at the time of his annual visit. It is the time in which people make a reaffirmation of the vows that were made at the time of their Baptism. Members of the parish who are more than 12 years old should speak to the Rector if you have not been confirmed. If you were confirmed in another denomination, the Bishop will welcome you into the Episcopal Church through the laying on of hands at the time of his annual visit.

Bishop Jack McKelvey will make his annual parish visit to Church of the Incarnation on Sunday, October 21, 2007. Please let Vicki Prescott know if you are interested in or have questions about confirmation this October.

MARK YOUR CALENDARS



- Sept 7 "Back to School" Chicken BBQ
- Sept 8 Incarnation Work Day at Habitat House
- Sept 9 Welcome Back Picnic;
Church School Open House / Registration
- Sept 16 *Return to two services – 8am & 10am***
Church School begins
- Oct 7 Blessing of the Animals after 10a service
- Oct 21 Bishop McKelvey visits Incarnation;
Special 50th Anniversary service



ADULT GAME NIGHT

After taking the summer off, Adult Game Nights will resume once again on the third Saturday of every month. Mark your calendars now! The first Game Night will be *Saturday, September 15* at 7:00 p.m. at Mike & Tracey Povio's home, 696 Shanlee Drive, Webster. There will be a sign-up sheet posted in the church lobby; all adults are welcome. For more information, contact Tracey at 872-7431, or tap55@frontiernet.net. See you there!!!



Building for Growth
Penfield Habitat 2005-2007

PENFIELD CHURCHES' HABITAT FOR HUMANITY

Wall Raising Building Blessing - The group had a wall raising blessing on June 23, 2007. Pastor Steve Hartman from the First Baptist Church of Penfield and Pastor William Flammann of Faith Lutheran Church led this Blessing. During the blessing we met our new homeowner, Evelyn Rodriguez. Evelyn is a health-care worker with two children, a 16-year-old daughter and a 10-year-old son. Her mother will also be living with them.

Volunteer labor - Now that we have started to build our house volunteer labor is needed to do the loving work of providing a home for a family. If you are 18 (16 with an adult) please consider joining the labor force for a six hour day. Signup sheets are available in each church office with instructions as to how to precipitate. By joining in you will meet Christian neighbors and friends from the area, all with a common goal of bettering the life of a deserving family. We look forward to seeing everyone there.

Flower City and Penfield Habitat Websites - The Flower City Habitat website is located at: www.rochesterhabitat.org and the Penfield area Churches at www.penfieldhabitat.org.

Meeting Information - If you would like to help or just learn more about what we are doing please feel free to join us. We regularly meet on the first Monday of the month at 6:00 PM.

Flower City Habitat for Humanity is a non-denominational Christian housing ministry welcoming people of all faiths or no faith to help eliminate substandard and poverty housing in Rochester, New York. Since its founding in 1984, FCHH has built or renovated more than 150 houses, and is one of the largest affiliates of Habitat for Humanity International in the northeastern United States.

If you are interested in volunteering on the Habitat house with others from Incarnation, contact Cork Dinan at 381-8740, or corkd@aol.com.



The annual **Parish Family Picnic** and **Church School Open House** will be held immediately following the 9:30 a.m. service on *Sept. 9*. Please join us for food & fellowship as we celebrate the start of the new school year. Church school registration will also take place that morning. Please contact your child's teacher to register if you are unable to attend on September 9th.

WHO WERE THOSE SPANISH KIDS?

You may have noticed a group of Spanish-speaking kids hanging around the church during the month of July, and wondered to yourself "Who are these kids and what are they doing at our church?"

About 15 foreign exchange students from Madrid spent the month of July in Penfield studying American culture, language and food. The group met here at Incarnation Mondays, Tuesdays and Wednesdays (and paid us \$200 for the use of our space!). Sue Del Pozzo was coordinator and teacher of the group, which was here through Global Friendships, a private company out of New Jersey.

The students, between the ages of 14-17, helped in the preparation of a traditional Thanksgiving feast held in our Great Room. They traveled to Ganandagan State Historic Site in Victor, which was once a Seneca village. They took a ride on the Sam Patch river boat for a lesson on the Erie Canal. The students went miniature golfing, bowling and took in a drive-in movie, something they'd never done before. They also visited Letchworth State Park, Niagara Falls and the George Eastman House.

On their final day here, they participated in a service project for Incarnation. This included wiping down the front of the cabinets in the Great Room kitchen, picking up sticks in the yard, removing a dead bush near the stairway by the shed and alphabetizing the name tags on the name tag board in the lobby.

The coordinator hopes to bring a group back to Penfield next summer, and said Incarnation was the perfect location. We welcome them back anytime!



BLOOD DRIVE RESULTS



We ended up with 13 good units from 16 presenting donors. According to the Red Cross representative, 13 donations x 3 usable components per donor = 39 lives saved. That's something to feel good about!

Big thanks to **Dan Novak** for working with the Red Cross to coordinate this drive. We plan to continue to host more drives in the future. If you're interested in helping, please contact Dan at 377-8257. See you at the next drive!

PATCHWORK WOMEN & GRUMPY OLE MEN



There will be a special, combined get-together on *Wednesday, September 19th* in the Great Room at the church. Cork and Nancy Dinan will present a review of their recent trip to Russia, "Waterways of the Czar." Lunch will be catered by Elegant Expressions at a cost of \$7.50. Watch future bulletins for more details.



September 7th

Thanks to everyone who has volunteered to help make the June, July and August chicken BBQ's a success.

We will be having our second annual "Back to School" barbecue on *Friday, September 7th* at 4:30 p.m. We are always looking for volunteers; contact Greg Skizim at 787-2747 if you'd like to help out.

Please *spread the word* to your neighbors and friends, and be sure to pick up dinners for yourself! We are the only local chicken barbecue we know of where you don't even have to leave your car... simply drive thru our parking lot and have dinner delivered right to your car window! Each dinner includes a freshly grilled half-chicken, Cole slaw, salt potatoes, roll and butter for only \$8. What a nice change from typical drive thru fare!



ALL SAINTS' SUNDAY – November. 4th

On November 4th, we will pray for members of our parish who died in the past year and for those whose funerals or memorial services were held at Incarnation. The service bulletin will also list names submitted by parishioners of loved ones who are no longer with us. Please contact the church office by *Sunday, October 28th* if you have names you would like to have mentioned in the bulletin that day.

HEARTFELT CONDOLENCES...



To the family of the Rev. Jim Metzger on the death in early May of his 6 year old granddaughter, *Elise Rose Metzger*. Elise was the daughter of Jim and Hope's son, David and his wife, Pam. She died five weeks after her heart stopped beating when she returned home from soccer practice with her Dad.

According to Jim, "She died peacefully and with all the family with her, and was buried from St. John's Episcopal Church in Naperville, Illinois, with her aunt Sara, our daughter, giving the most beautiful eulogy I have ever heard."

Memorials may be sent to Children's Memorial Hospital, 2300 Children's Plaza, Box 4, Chicago, IL, 60614.

Jim and Hope may be contacted at:
3402 Sawgrass Lane
Cincinnati, OH 45209

Please keep the Metzger family in your prayers.



To the family and friends of Myron "Mike" DeWolf, long-time parishioner at Incarnation. Mike passed away on Monday, August 6th in Wisconsin.

The funeral will take place at Incarnation on Saturday, September 8th at 2:00 p.m. Calling hours will be held on Friday, Sept. 7th at Jennings, Nulton & Mattle Funeral Home.

Please keep the DeWolf family in your prayers.





**KNITTERS,
QUILTERS
& CRAFTERS**

Save the morning of *Saturday, October 27th*! Knitters, quilters and crafters will gather at St. Thomas' Episcopal (at the corner of Winton & Highland) to learn about the specific needs of charities for items we produce.

There will be speakers, light breakfast and sharing our experiences (small donation requested for breakfast). Hope you can join us!

CAREGIVER RESPITE

Mercy Respite for Caregivers, a ministry of the Sisters of Mercy offers relief and support to family caregivers, relatives and friends. People who care for their ailing loved one now have a place where they can come for a day and be cared for themselves. This ministry responds to caregiver stress, burnout, fatigue and the many challenges that caregivers encounter.

It is not unusual to see family caregivers and relatives caring for two or three loved ones at the same time. Mercy Respite emphasizes the importance of self-care while caring for a loved one, taking care of one's own health, finding oneself in a peaceful and prayerful surrounding and assisting in stress reduction.

These services focus on the emotional, physical and spiritual well being of the family caregiver. Join us for conversations with other caregivers, a home cooked meal, relaxation techniques, yoga and prayerful reflections on deepening the caregiver's spiritual journey. Caregivers will also be offered the option for a massage.

Donation to attend: \$45.00. Massage is a separate fee. Registration is required for the respite day and the massage. For more information and to register, please call Mercy Respite for Caregivers at 271-0760 or e-mail mercyrespite@frontiernet.net.



Congratulations on the birth of
Dylan Ernest Ryder

May 2, 2007
8 lbs. 5 oz. 19" long

He joins proud parents Kristin & Randy Ryder,
and grandparents Pam & Ron Simmons



Congratulations on the birth of
Maya Elizabeth Masceri

Thursday, June 14, 2007
7 lbs. 4 oz. 19" long

She joins proud parents Tony & Laura Masceri,
big brother, Mason, and grandparents
Bob & Sharon Lemmey



RECIPE OF THE MONTH

Chicken Swiss

- 4 boneless chicken breasts
- Poultry seasoning
- 4 large slices Swiss cheese
- 1 can condensed cream of chicken soup
- ¼ cup white wine
- 1 pkg. prepared stuffing mix
- ¼ cup (½ stick) melted butter
- ¼ - ½ cup water

Place chicken breasts in a lightly greased 9x11 baking dish. Stab with fork and sprinkle with poultry seasoning. Cover each breast with a slice of Swiss cheese.

Mix soup with wine and pour over chicken. Spread stuffing mix over top of dish, enough to cover. Drizzle melted butter over top. Drizzle water over top to moisten.

Bake uncovered in 350-degree oven 30-40 minutes, until chicken is cooked through and topping is golden brown.

Submitted by Janet Seabridge