

# The Messenger

May 2009



Our conversations with one another often include comments such as “It all began when - - - “. Fairy tales begin with “Once upon a time ---“. The opening words of the Bible are “In the beginning ---“. We try to discover why things are a certain way by tracing back to how they got started. As Christians, we trace our origin as a Church to the Day of Pentecost.

After the Risen Christ departed from this earth, the Holy Spirit entered the hearts and minds of people from all sorts of backgrounds. The divisions among them gave way to a sense of their common bond in a life with God.

The Church celebrates the Feast of Pentecost as the day that the Holy Spirit came to the disciples as they were gathered in Jerusalem. It is described in the Book of Acts as the rush of a mighty wind with tongues of flame that rested upon each person. Suddenly the center shifted as people united one with another to share the good news of God in Christ.

This is where it all began with the Church. The encounter with the Holy Spirit enlivened people to the truth that they had first encountered in the person and the teachings of Jesus. Through the gift of God’s spirit, the events of one historical moment become accessible to people for all time.

It is a good time to reflect upon our own beginnings on the journey of faith; to consider those experiences that have shifted the center of gravity in our lives toward new priorities and commitments. One writer, Wayne Dyer, describes the impact of a religious experience by noting that “I have redirected my life to assess all my behavior, my thinking and my actions in terms of whether I am able to love, to give or to serve.”

God’s spirit comes into our lives as the gift of a new beginning. Through it we come to an awareness of our common bond as human beings which compels us to love and serve in the name of our God.

May this Pentecost be a time of blessing and renewal in God’s spirit for all of us.

Yours in Christ  
Vicki

## RECTOR’S CONTINUING EDUCATION

I spent the first week in March at the Trinity Conference Center in West Cornwall, Connecticut for the second session of the Clergy Leadership Project, which is sponsored by Trinity Church, Wall Street. This is a two year continuing education program that describes itself as an interactive learning experience which has as its purpose “to nurture and challenge participants in ways that transform their personal lives and professional ministries” through three basic components – academic, experiential, and personal. Over the course of the two years, we meet four times for a week.

There are 25 people participating in this training project with me. We are assigned to small groups of 6 which maintain monthly contact between meetings. For the past two sessions we have spent a lot of time working with the challenge of adaptive change. Our leader for these sessions is Dr. Hugh O’Doherty from the Center for Public Leadership at Harvard University. During the session in March, we also spent a day with Dr. Josh Ruxin, who is the Director of the Millenium Village Project in Rwanda and Assistant Professor of Public Health at Columbia University. One day was spent in “holy leisure”. I participated in a weaving class during that time, and after five hours at the loom came home with a beautiful scarf!

I am finding that it is very useful to interact with Episcopal clergy of all ages from different parts of the country. I am learning a great deal while also deepening my appreciation for our ministry at Incarnation.



May 31 ~ Pentecost



Wear **red** to church  
that morning!





### MARK YOUR CALENDARS:

- May 29 Drive-thru Chicken BBQ – 5:00 p.m.
- May 31 Pentecost – Wear **red** to church
- June 7 Coffee Hour in Garden on Corner  
Plant giveaway by Nature Craft Gard. Club  
Children to plant vegetables
- June 14 Church School Recognition
- June 21 Bishop Singh’s Visit – Confirmation  
Reception to follow
- July 5 Summer Services begin – 9:30 a.m.

### GAME NIGHT DATES



We’re on a roll!! All adults are welcome!  
We ask that you bring your own beverages and a snack to share. Game night starts around 7:00 p.m. and usually lasts until 11 p.m. or so. Upcoming dates & locations are as follows:

- May 16 – At the church, hosted by  
S. Houppert & P. Cragg
- June 20 – John & Julie Marshall’s home
- July – No game night
- August 22 – Pool Party at Mike & Tracey Povio’s

If you are interested in hosting a game night at your home or at the church, please contact Tracey Povio at 872-7431 or [tap55@rochester.rr.com](mailto:tap55@rochester.rr.com).



May 29<sup>th</sup>

We will once again be holding our famous “Drive-thru” Barbecues this summer. Our first Barbecue will be held on *Friday afternoon, May 29* at 5:00 p.m. Each dinner includes a freshly grilled half-chicken, Cole slaw, salt potatoes, roll and butter for only \$9.00. We are looking for volunteers; please contact Robert McDonald (919-247-8141) or Scott Seabridge (586-4998) if you’d like to help out. Even one hour can make a big difference!

### INTRODUCTION TO INCARNATION

*“Introduction to Incarnation” is a monthly feature designed to help us get to know what groups are currently active at Incarnation. We hope to enlighten as well as to possibly entice you to choose a team with which to work.*

This month: .....**PATCHWORK WOMEN**

Patchwork Women meets at noon on the third Wednesday of the month. Two women of the group volunteer to act as hostesses and they decided whether the group will “brown-bag” their lunch and meet in the Great Room (with beverages and dessert supplied by the hostesses) or whether the group will dine in a local restaurant. Our Christmas Luncheon was a lovely affair held in a private dining room at Shadow Lake.

One of the original goals of this organization was to help individual members of the church who had specific needs as well as helping the church for non-budgeted items. This continues to be our focus today. Some of our purchases that have benefited the church include: the Lenten Linens and matching Stole, a set of silverware to be used on special occasions, 4 white dinner cloths, 14 new tables to be used in the Great Room and in a classroom, Acolyte Robes and we have paid to have the flagstone in the entry way cleaned and sealed. About once a year we plan a Work Day when we do clean-up in the church concentrating on polishing the pews, cleaning the downstairs kitchen and “sprucing-up” the Great Room. We were made aware of a lack of 5 lb. bags of sugar in the Penfield Food Cupboard so Patchwork Women took the responsibility for stocking the sugar shelf at the Cupboard.

These luncheons offer the opportunity for “8 o’clockers” and “10 o’clockers” to gather and get to know each other better. All women of the church are invited to join us any third Wednesday and enjoy the wonderful fellowship and much laughter which we share.

### CLEANUP DAY A SUCCESS!

Thanks to those who came out for our Clean-Up Day on Saturday, May 9, which was coordinated by **Peter Melnick**. There was much accomplished, including pruning, trimming, weeding, edging, and more!



Be sure to thank these hearty volunteers: Andrew Wojnowski, Robert McDonald, Greg Skizim, Pam & Ron Simmons, Janet Seabridge, Sue Houppert, and anyone else I may be forgetting!

## WHO'S IN THE PEWS? .....The Barrett's



Doug Barrett moved to Fairport NY in 1974 and opened an office in Penfield as a sales and service representative for FM Global Insurance Company. He moved to Marsh Inc's Rochester office in 1979 as an International Insurance Broker retiring on October 31, 2005. He now works as an Insurance Consultant for clients and Brokers

Doug was married to Kate on St. Patrick's Day in 1995 at Christ Church in Pittsford. Kate is a long time Rochesterian and school teacher. Kate currently works for St Louis Catholic School in Pittsford as a teacher's aide.

Doug and Kate have (6) children: Jennifer, Misty, Meghan, Laura, Melissa & Matt & (7) Grandchildren. Only Matt lives in the Rochester area. Doug's Sister Cris resides at MCH in Rochester.

Doug has been involved with Incarnation since 1998 as a:

- Vestry Member 2001-2004 & 2007-2008
- Stewardship Committee member
- Membership and Ministry member
- FFC clerk and fund raiser
- CCC fund raiser
- General Fund raiser
- Diocesan Council Representative 2000
- Lector/Acolyte
- Shepherd Home Fund Raiser

Doug spends his spare time walking, reading, assisting with general Incarnation projects, following his favorite football, baseball and basketball teams and completing his house hold duties. Doug and Kate travel to Connecticut, Florida and Cleveland throughout the year.



## PARISH NOTES

- ✓ We welcome newly baptized into our parish family: **Alec & Ana Leeper, and Malayna Masceri**. Congratulations to their proud parents, Laura & Eric Leeper and Laura & Tony Masceri.

- ✓ Congratulations to the following student members of Incarnation who made the third quarter Honor Roll at Penfield High School:

**Nick Cegelski** – High Honor, grade 9

**Teddy Appleton** – High Honor, grade 10

**David Evans** – High Honor, grade 11

**Zaque Evans** – Honor roll, grade 12

- ✓ Congratulations to **Taylor Marshall** on her first



skating competition held in Cicero, New York. Taylor is a member of the Beginner 1 Synchronized Skating team at Thomas Creek. The team won a Bronze medal. Taylor started skating at age 3 1/2. She has 3 more upcoming competitions.

- ✓ **Andrew Melnick** is putting his computer savvy to good use!! He is a member of the Penfield High School competitive Robotics Team. Penfield's team, "Rolling Thunder" has had amazing success this season. On March 6th and 7th, they competed at the Finger Lakes regional at RIT against teams from all over the US and Canada. Team 1511's "Thunderplucker" robot had to play a strategy game designed by NASA called "Lunacy". The game was played on a special floor that has no traction, similar to driving on the moon. All fall, students worked with engineers and programmers from Harris Corporation to design, build and program their robot. Andrew was on the programming sub team, and specialized in programming the all-wheel drive and traction control features of the robot. We are proud to say that Penfield made it to the finals at RIT and came in second place! On March 19th, the team traveled to the Naval Academy in Annapolis Maryland for the Chesapeake regional. Although their robot was knocked out in quarterfinals, Penfield won the highest award given by the organization, the Chairman's Award! The team created a multi-media presentation that was given to a panel of judges, highlighting their success as a team, their involvement in the community and local charities, and their promotion of science and technology with younger students. Did you know that Penfield sponsors over 60 Lego League teams for middle school students, including a league in the Bahamas? Their success has qualified them to compete at the International Championship at the Georgia Dome in Atlanta. Wish Andrew and the team well as they fly down on April 15th!

# Thank You

- ❖ To **Dorothy Wojnowski** and **Tod Timmel** for their wonderful donations which allowed us to purchase new Acolyte robes for the children. No more tripping over the robes!
- ❖ To **Mike & June Harvey** for helping to make our altar sparkle for Easter. Mike polished our brass candlestick holders while June took care of cleaning and polishing the silver. Any of you who have done that know what a time-consuming job it is!
- ❖ To **Chris Maness** for organizing the book drive and field trip to her clinic at Strong. Roughly one thousand books were donated by parishioners. It was a great learning experience for our kids!
- ❖ To **Tom & Linda Nicodemus** and **Pam & Ron Simmons** for clearing away the large piles of brush and bags of leaves that had been sitting by our shed. It looks much better now!
- ❖ To **Incarnation parishioners** from Linda and Andy Johnson for the prayers and support since Linda's stroke in September.

## EPISCOPAL NIGHT AT FRONTIER FIELD

*Date:* Friday, June 26

*Time:* 6:05 p.m.

*Cost:* \$8.00 / ticket

*Game:* Red Wings vs. Columbus Clippers (new farm team for Cleveland Indians)

*Details:* RPO will play after the game with a Fireworks display after the RPO

Tracey Povia is organizing a group from Incarnation. If you would like to go, please let Tracey know at [tap55@frontiernet.net](mailto:tap55@frontiernet.net) or 872-7431. Checks should be made out to the Episcopal Diocese of Rochester with the notation 'Episcopal Night' in the memo line.



## NEW USHER NEEDED

We will have an opening for an Usher beginning in July. Ushers are the people who stand in the back of the church to pass out the bulletins, count the number of people who are in attendance, take up the offering, and present the elements (wine & bread) during the service. The time requirement is once every fifth Sunday, and you are responsible for finding your own substitute if you cannot make a date for which you are scheduled.

If you are interested in becoming an Usher or would like more information, please contact Julie Marshall at [jmarshall008@rochester.rr.com](mailto:jmarshall008@rochester.rr.com) or 388-0627.



## Episcopal SeniorLife Communities Hosts 13<sup>th</sup> Annual Golf Tournament

It's time to start dusting off those clubs!

Episcopal SeniorLife Communities is pleased to host their 13<sup>th</sup> Annual Golf Tournament at Shadow Lake and Shadow Pines golf courses in Penfield on *June 8, 2009*. Lunch, barbecue dinner, a premium golf gift, and more will be included in the tournament fee.

Registration and lunch begins at 11 am followed by a tee time at noon. A cocktail social hour will take place at 5 pm followed by dinner and awards ceremony at 6 pm. The proceeds of the tournament go to support wellness programs and recreation activities for ESLC's seniors.

To learn more about the tournament contact **John Wilder** or **Roger Quinn**. To register, please call Ellen Scalzo at (585) 546-8439 ext. 3121, or visit [www.episcopalseniorlife.org](http://www.episcopalseniorlife.org) and click "News & Events." Those who are interested in attending the dinner only are encouraged to register as well.

### A Second Thought

Resale Shop



Offering Men's, Women's and Children's Clothing, Toys, Books, and House Wares

**Located in the Piano Works Mall**  
349 W. Commercial Street in E. Rochester

**Store Hours**  
M, W, F: 10am-5pm  
T, Th.: 10am-7pm  
Sat.: 10am-3pm

**(585) 340-5730** [www.asecondthought.org](http://www.asecondthought.org)

All store proceeds benefit Heritage Christian Services International Ministries.



## **From the Penfield Area Habitat for Humanity Coalition of Churches**

In January of this year, our coalition finished raising the needed \$65,000 for its sixth Habitat house in downtown Rochester. In late April, construction began on the house on Jay Street. Now, as the good weather is finally upon us, we have to meet our commitments to provide workers to build the house. We are committed to providing six workers on every Tuesday, Thursday and Saturday through the end of July.

For most people, this is the fun part. You build the house under the supervision of site managers. Under their direction, the house is constructed in just over three months. We urge everyone - those with experience and those without - to sign up today. We have an online registration system that we are using this year. Simply go to:

<http://www.penfieldhabitat.org/signup.html>

Check out the dates available and sign up for the day(s) you would like to work. It'll be fun and we hope everyone takes advantage of the opportunity. Once you've signed up, you will be contacted by email as to where to report.

Except for Tuesday, everyone works for a full day from 8:45 AM to 4 PM with time off for lunch (on Tuesday, everyone works from 9:45 to 4:00). Many people brown-bag their lunch, but that's up to you. At the end of the day, you can point to your accomplishment. And, every workday builds upon the next....

If you have questions about working with Habitat or if you need some help in signing up, contact Cork Dinan, Incarnation's Habitat representative at [corkd@aol.com](mailto:corkd@aol.com) or Al Santos, Habitat Chairperson at [adsantos@frontiernet.net](mailto:adsantos@frontiernet.net) (phone - 241-3796). We'll get all your questions answered.

Part of the reason for our slow start in building comes from our fast start in fundraising. In three short months, we've already raised \$10,000 toward our next house in 2011 and, with luck, in 2010. We are on track to raise close to \$40,000 this year. Two or three more fundraisers which we already have in the works will get us building every year.

But, first things first. Your help in finishing the house we are working on will go a long way toward building the next one. Please sign up today.

Your support is very much appreciated.



**CAMERON  
COMMUNITY  
MINISTRIES**

**Invites you to  
the Annual:**



**EAGLE VALE**  
Golf Course & Banquet Club  
Fairport, NY

*Save the Date!*

**Friday, June 19, 2009**

**Shotgun Start at 12:30 pm • Auction • Awards  
Lunch and Dinner Included**

**Chairperson:** V. Anthony Quercia

**Committee:** Jim Bassett, Chuck Casaceli, Dorothy Drazal, Jared Haims,  
Greg Hammonds, Wendy Kerr, Bill Kerr, Dave Lipari, Frank Maston,  
Cindy Harper, Bob Peterson, Kathleen Quinlan, Bill Rice,  
Paul Riordan, Fernando Santiago, Connie Welch

**Cameron Community Ministries serves the Lyell-Otis community  
in northwest Rochester, with a Clothing House, Hot Lunches,  
Kids Café, After-School Tutoring and Enrichment Programs.**

***This day of golf benefits and brings together friends of CCM.***

**Sponsorships still available!**

**Call to receive an invitation or become a sponsor:**

**Contact:** Cindy Harper, Executive Director

**Phone:** 585-254-2697

**Fax:** 585-254-5582

**Email:** [ccmexec@rochester.rr.com](mailto:ccmexec@rochester.rr.com)

**A Note from the Chaplain, Episcopal SeniorLife Communities**  
*of interest to our family members, pastoral care volunteers, and churches*  
*Spring 2009*

**OUR** residents say,

“Coming to Sunday service sets me up for the whole week.”

“Lots of things have changed in my life, but I’m so glad I can still get to church.”

“I spend time here every day and just sit and look at the windows.”

**IN** last fall’s annual survey of the satisfaction of residents and family members with our services, the “religious and spiritual opportunities” offered were given one of the top ratings. Nearly all of the Church Home respondents instanced the mere existence of our glorious chapel.

**THE CHAPEL** was a room set apart in the successive buildings of the old Church Home until 1901, when the lovely old chapel that graced the Mt. Hope campus until it no longer suited the needs of our residents was built. Since 1983 we’ve been fortunate to have the faith and activities center known as the Chapel of the Good Shepherd. Wherever it has been located, “chapel” has always represented a core value of the Church Home family, and now of Episcopal SeniorLife Communities. President and CEO Loren Ranaletta calls the chapel “The Heart Of The Home.”

**CHAPLAINCY** services and the chapel itself, as well as the chapel areas at Brentland Woods and Seabury Woods, are in place because of the continuing commitment to our faith component of health care on the part of Loren and our Board of Directors and the generosity of the people of the Diocese of Rochester. It is safe to say that all you have the thanks of all of our residents and staff. We are keenly aware of our membership in the family of the diocese, not least because of the warm solicitude of Bishop Singh and Roja Singh and their predecessors for the welfare of our community.

*Nearly a hundred volunteers keep chaplaincy vital at Episcopal SeniorLife Communities. Altar Guild members, ushers and greeters, musicians, readers, Eucharistic Ministers, priest-presiders and licensed lay Worship Leaders, Bible study facilitators, rosary leaders, and pastoral visitors are all at work, at least one or two of them every day and a dozen or so every Sunday.*

*Recently members of the Youth Group of Christ Church, Pittsford, have joined the ranks of our volunteer ushers, and Rochester’s St. Paul’s Youth are angling to provide a Saturday craft hour with residents. Last week a man and woman from St. John’s, Canandaigua, began what will be a monthly commitment to help with the Sunday ushering. Ushering, by the way, is what we call helping to transport residents from the elevators or their rooms to the chapel and back again after the Liturgy.*

*Volunteers are always welcome. We’re happy that so many of our churches advertize these opportunities to serve here. We would especially welcome*

- ❖ Reader/Eucharistic Ministers on 2nd or 3rd or 4th or 5th Sundays (once a month on one of those Sundays)
- ❖ Altar Guild members (serving typically twice during the course of a year)

*Call our Director of Volunteers Keri Cuyler at 546-8400 x3136. The Liturgy in the Chapel takes place at 10:30 Sunday mornings and 2 o’clock Wednesday afternoons, and you are always welcome.*

And of course, do telephone Ellen Scalzo, Vice President for Development, 546-8400 x3121 with any questions about our June 8th Golf Tournament.

**DENNIS WIENK, Chaplain**